

REDUCE



REUSE



REPAIR



RECYCLE



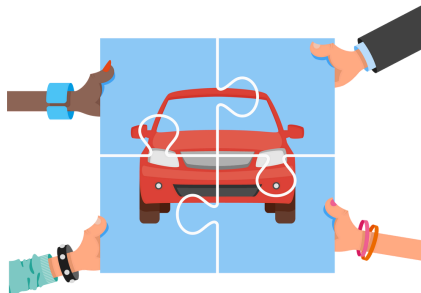
REFUSE



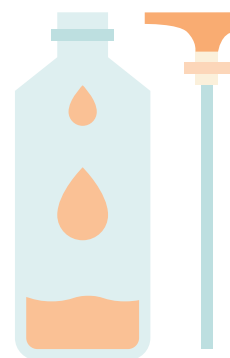
RETHINK



COMPOST



SHARE



REFILL

Bringing your own shopping bag instead of taking a plastic one.	Donating old clothes to charity.	Putting paper, glass, and plastic into the recycling bin.
Fixing a broken bike instead of buying a new one.	Using a refillable water bottle instead of single-use plastic bottles.	Using a car-sharing app instead of owning a car.
Collecting food scraps and garden waste to make compost.	Choosing products with less packaging.	Printing double-sided or going paperless.
Turning off lights when leaving a room.	Taking shorter showers to save water.	Using glass jars to store food.
Donating toys you no longer play with.	Using tote bags for shopping.	Wrapping gifts in old newspapers or fabric.
Sorting bottles and cans into the recycling bin.	Recycling old electronics at collection points.	Recycling cardboard boxes from deliveries.
Sewing a button back onto a shirt.	Replacing a phone battery instead of buying a new phone.	Sharpening knives instead of throwing them away.
Fixing a chair with wood glue.	Refilling a soap dispenser from a bulk container.	Using a coffee mug at a café instead of a disposable cup.

Buying spices or grains in refill stations at a zero-waste shop.	Refilling printer cartridges.	Borrowing books from the library.
Using a carpool or rideshare.	Sharing power tools with neighbors.	Streaming movies instead of buying DVDs.
Collecting fruit and vegetable peels.	Composting coffee grounds and filters.	Adding leaves and grass clippings to a compost bin.
Composting eggshells and nutshells.	Returning bottles through a deposit-return system.	Buying only what you need to avoid food waste.
Buying only what you need to avoid food waste.	Using compost to fertilise houseplants or gardens.	Choosing compostable packaging and actually composting it.
Asking: "Do I really need this?" before buying.	Choosing to share/borrow (e.g., using a tool library).	Opting for public transport or cycling instead of driving.
Buying timeless pieces instead of fast fashion.	Switching to renewable sources when possible.	